

**How to Speak a New language Using Audio Lessons**  
**Lessons online at [www.allanadam.com](http://www.allanadam.com) Make a CD to practice!**

**Ask Someone to be your Daily Language Practice Partner (and a back-up partner)**

Ask someone to be your language partner. Ask someone you know well who you are comfortable speaking to. The ideal person is someone who really wants to help you learn and who is probably at home or someone you see all the time. Buddy up with someone at home who wants to also to attend the Speaking Circle. Neither person has to be fluent.

**Practice Techniques with a Partner**

**Step One - Recognizing and Understanding**

A good technique to remember the words is to prepare a very short list (2-4) of phrases you want to know in English. Have your partner say the phrases (or play the recordings of them) and listen to them over and over again until you can distinguish them. Then see if you can tell your partner what phrase means. Keep practicing until you can identify each phrase. Don't do too many phrases (more than 4 or 5) as you can only remember so many at time.

**Step Two - Listening and Pronunciation**

Now that you know what each phrase means, try saying each of them! Listen to each phrase and repeat it back. Keep attempting to pronounce it. With longer phrases and words, break them into sections and say them. As you learn each part, put them together for the entire word and phrase. Keep trying, after enough tries you will be able to say it. It took me about 40 attempts just to say "cookie" in Cree! But now I can say it easily and more quickly.

**Step Three - Communicating**

Now that you understand and can also say some phrases, find a new person to use with them with. Communicating is a two way process. It helps to hear others say the word as everyone talks differently and also you will gain confidence by speaking to many other people.

**Practicing Solo**

**Step One - Recognizing and Understanding**

A good technique to remember the words is to prepare a very short list of the phrases you want to know in English. Listen to them over and over again until you can distinguish them. Then try to remember and say these words out loud one by one. Then test yourself and see if you can identify what each phrase means. Keep working on the list until you know what each phrase means.

**Step Two - Listening and Pronunciation**

After you have practice listening to recognize what each phrase means, it is time to try saying them! Play each phrase. Try to say the phrase. Break the phrase in sections if that is easier. Keep trying, soon you will be able to say it. It took me about 40 attempts just to say cookie in Cree!

**Step Three - Communicating**

Now that you understand and can say a phrase, find a person to practice the phrase on so you can get used to communicating! Communicating is a two way process.

**Practice about 15 minutes at a time but practice everyday!**

When it comes to really learning a language, practicing everyday is more effective than practicing once

a week. Daily practice of the same phrases frequently is much more effective than length of time practicing. It is best for practice for shorter times frequently. If you practice too long, you will overload yourself and perhaps not absorb anything!

### **Select a Daily Practice time**

Select a time of day to practice. It is important that you do not forget to practice. You may want to practice in the morning and afternoon. It is more important to practice more often than for a long time. You will remember more with short daily sessions than longer sessions every few days. Practice listening to each phrase and try to remember what it means. Then as you know the phrases, try to say them. With daily practice even harder words are easier to pronounce.

### **Use your Cell Phone or Voice Recorder as a learning Tool**

Use Technology if you have it! Use your recording device to gather new words or phrases from fluent speakers and to listen and practice them anywhere!

### **Use audio files as your textbook on the web site**

Find computer to practice at, there are no books in this group. Go to the website ([www.allanadam.com](http://www.allanadam.com)) so listen to your words. Try hard not to write the FN language words down, you will make your ears lazy! You are training your ears to memorize sentences. You can learn to spell later. Your goal is to be able to respond to questions or converse without looking anything up.

### **Practice phrases you will use everyday**

Try to focus on phrases you can easily slide into conversation so you can converse with your partner or any person who will listen to you.

### **Choose words and phrase you can build into simple conversations**

After a few weeks, you will want to make your own simple conversations using the phrase you already know. You may even have some creative ideas for new dialogues.

### **Think of new words that you want to learn and ask fluent speakers to tell you how to say them**

If you think of more common words you would like to learn, bring them to the lessons so your instructor or your fluent speaker friend can teach you new words.

### **Talk to People who are Fluent regularly (if you know someone)**

If you know a fluent speaker, talk to them (or call them on the phone) and share a few phrases with them for extra practice. They will be very excited you are learning to speak! The fluent person does not have to be your daily language partner. You may want to ask them how to say some words you are interested in learning. Tell this person you would like to one day have a conversation with them!